# **CO-CREATED SUPERVISION SPACE**

Presence in Action Collective are excited to be sharing our unique approach to Supervision to our client community.  This space is co-created consciously, using the P6 Constellation TM to hold our conversations and navigate what is going on for you in every and any context. The intention is to resource you by creating new ways for you to make sense of yourself and therefore be able to respond differently in your life. It will create a protected confidential space like no other, to engage in your own personal learning and development through this complexity attuned framework. This space is hosted by an experienced, qualified Presence in Action practitioner skilled in providing Supervision.

Supervision could be for you if you:

* Work in any area related to Human Resources.
* Have a management/leadership role where you have direct reports.
* Hold spaces for other people to make sense e.g. Coaching, Listening.
* Are caring for others whether professionally or at home.
* Are in an educational role eg Lecturing, Delivering L&D, Teaching.
* Are in a creative role where you may be working with yourself as part of the creative process.

What might the supervision process provide for you?

Some of the benefits of this supervision could be:

* Time to explore behavioural patterns that may no longer be serving you.
* Increase your capacity to respond rather than react to people or situations across your life.
* To become more conscious of your thoughts, feelings and behaviours which will enable you to be more aware of choices available to you.

Your commitment to this process

We offer 1:1 and group sessions:

* 1 supervisee 1 hr, 2-3 supervisees for 1.5hrs or 4 supervisees for 2hrs a month.
* 10 sessions annually which are agreed between the group members in advance.
* £200per hr for 1:1 or group sessions.

If you would like to find out more please get in touch with sam@piacollective.org.uk to arrange a conversation.